



University of Mumbai

NIRMALA COLLEGE OF COMMERCE

Municipal School Bldg., Rani Sati Marg, Malad (East), Mumbai - 400 097. • Tel.: 2844 1083

Criteria 3.4.1



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Index Criteria 3.4.1

Extension activities are carried out in the neighbourhood community, sensitizing students to social issues, for their holistic development and impact there of during the last five years

List of Activities Year Wise

Photos of Activities Year Wise



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List of Activities Year wise



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Sr. No	Sr. No	Name of Activity	Organising unit/agency/collaborating agency	Name of scheme	Date	Participants
20 17- 18	1	International Yoga Day	Soni Parab : Yoga Kutir, Malad East, BMC school	NSS	14-06-2017	
	2	Swachh Bharat Abhiyan	Brihanmumbai Municipal Corporation (BMC) ward, Malad	NSS	29-06-2017	
	3	Tree plantation	Vivek Rural Development Center , Belwadi , Vasai, Palghar	NSS	01-07-2017	26
	4	Independence Day celebration	Dindoshi police station Malad East	NSS	15-08-2017	51
	5	Ganpati Immersion	Dindoshi police station Malad East	NSS	25-08-2017	48
	6	Quit Smoking	University of Mumbai NSS Central unit Churchgate	NSS	22-09-2017	
	7	National service scheme day	University of Mumbai NSS Central unit Churchgate	NSS	24-09-2017	
	8	Road safety rally	Dindoshi police station Malad East	NSS	25-09-2017	
	9	Swachh Bharat Abhiyan	University of Mumbai NSS Central unit Churchgate	NSS	20-10-2017	56
	10	Blood Donation	Suryodaya hospital Ghatkopar blood bank Mumbai	NSS	20-12-2017	33
	11	Republic Day	Dindoshi police station Malad East	NSS	26-01-2018	75
	12	NDRF management workshop	National disaster response force Mumbai unit	NSS	13&14-02-2018	
	13	Selfie with kachra	Brihanmumbai Municipal Corporation (BMC) ward, Malad	NSS	16-02-2018	12
20 18- 19	14	Tree plantation	Vivek Rural Development Center , Belwadi , Vasai, Palghar	NSS	01-07-2018	33




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20 19- 20	15	Independence Day celebration	Dindoshi police station Malad East	NSS	15-08-2018	51
	16	Ganpati Immersion	Dindoshi police station Malad East	NSS	12-09-2018	50
	17	Swachh Bharat Abhiyan	Brihanmumbai Municipal Corporation (BMC) ward, Malad	NSS	02-10-2018	56
	18	Blind Faith	Vivek Rural Development Center, Belwadi, Vasai, Palghar	NSS	13-10-2018	63
	19	HIV/AIDS awareness	Red Ribbon Club	NSS	07-01-2019	59
	20	Mumbai Marathon	Maharashtra government youth affair department	NSS	08-01-2019	40
	21	Waste Management	University of Mumbai NSS Central unit Churchgate	NSS	19-01-2019	56
	22	Blood Donation	Suryodaya hospital Ghatkopar blood bank Mumbai	NSS	21-01-2019	41
	23	Republic Day	Dindoshi police station Malad East	NSS	26-01-2019	75
	24	Voting Awareness Rally	Election officer Malad region Mumbai	NSS	15-02-2019	85
	25	Yoga Day	Soni Parab : Yoga Kutir, Malad East, BMC school	NSS	21-06-2019	75
	26	Raksha Bandhan Celebration	College NSS Unit	NSS	14-08-2019	58
	27	Independence Day celebration	Dindoshi police station Malad East	NSS	15-08-2019	46
	28	Bottle for change	Brihanmumbai Municipal Corporation (BMC) ward, Malad	NSS	23-08-2019	5
	29	Donation for Kolhapur flood	College NSS Unit	NSS	25-08-2019	
	30	FIT India	Soni Parab : Yoga Kutir, Malad East, BMC school	NSS	29-08-2019	45
	31	Making Paper bag and distribution	University of Mumbai NSS Central unit Churchgate	NSS	10-09-2019	50
	32	Ganpati Visarjan	Dindoshi police station Malad East	NSS	12-09-2019	20



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	33	Tree Plantation	Vivek Rural Development Center , Belwadi , Vasai, Palghar	NSS	20-09-2019	20
	34	National service scheme day	University of Mumbai NSS Central unit Churchgate	NSS	24-09-2019	
	35	Road safety rally	Dindoshi police station Malad East	NSS	26-09-2019	100
	36	Say no to plastic	Brihanmumbai Municipal Corporation (BMC) ward, Malad	NSS	29-10-2019	
	37	Drugs Addiction rally	Dr. Kashifa Usmani, Medical Association	NSS	17-12-2019	
	38	Save girl child rally	Dr. Kashifa Usmani, Medical Association	NSS	29-12-2019	87
	39	Blood donation	Arpan Blood Bank, Bhandup West	NSS	18-01-2020	55
	40	Save tree	Brihanmumbai Municipal Corporation (BMC) ward, Malad	NSS	23-01-2020	45
	41	Republic Day	Dindoshi police station Malad East	NSS	26-01-2020	65
20 21- 22	42	Webinar on blissful moments through yoga	Soni Parab : Yoga Kutir, Malad East, BMC school	NSS	27-07-2021	40
	43	Gender Sensitization	ADV. Niranjan Shetty, Mumbai	NSS	27-08-2021	42
	44	Webinar on Measures and Mediation for combating Covid-19	Dr. Kashifa Usmani, Medical Association	NSS	01-09-2021	42
	45	Quiz on Olympic sports	College NSS Unit	NSS	29-09-2021	47
	46	E-Poster making competition	College NSS Unit	NSS	30-09-2021	41
	47	E-Quiz competition on "contribution of Mahatma Gandhi"	Vivek Rural Development Center , Belwadi , Vasai, Palghar	NSS	01-10-2021	49
	48	Webinar on insight on SEBI	Kisaan Foundation, Dr. Ria Mathani	NSS	05-10-2021	52
	49	Webinar on Entrepreneurship development	Kisaan Foundation, Dr. Ria Mathani	NSS	12-10-2021	49



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50	E-Quiz competition on "Women Empowerment Schemes in India"	Kisaan Foundation, Dr. Ria Mathani	NSS	13-10-2021	50
51	Vaccination Drive	Health DEPT, BMC, Mumbai	NSS	30-10-2021	14
52	Mask Making	University of Mumbai NSS Central unit Churchgate	NSS	21-12-2021	35
53	Webinar on Scholarship and Financial Guidance to study abroad	Edwise Organization Malad West	NSS	11-01-2022	51
54	Rangoli Competition	College NSS Unit	NSS	25-01-2022	21
55	Painting Competition	College NSS Unit	NSS	02-02-2022	
56	Mehndi Competition	College NSS Unit	NSS	03-02-2022	12
57	Best out of Waste	College NSS Unit	NSS	04-02-2022	17
58	Webinar on "Effects of changing lifestyle on Women's Health"	Abida Faiz, Shabir Ahmed Memorial Malvani, Malad(W)	NSS	08-02-2022	53
59	Webinar on Career Opportunities in banking sector	Kotak Education Foundation Mumbai	NSS	11-02-2022	32
60	Mask Distribution	College NSS Unit	NSS	16-02-2022	39
61	Webinar on Consumerism and how to manage money and be a smart investor	CGIS Foundation by T. R. Pandey	NSS	17-02-2022	49
62	Swachh Bharat Abhiyan	Swachh Bharat Abhiyan GVT. of Maharashtra	NSS	21-02-2022	43
63	Tree plantation	Vivek Rural Development Center , Belwadi , Vasai, Palghar	NSS	25-02-2022	53
64	Paper bag Distribution	University of Mumbai NSS Central unit Churchgate	NSS	26-02-2022	30
65	Logo Competition	AIDS Red Ribbon Club	NSS	28-02-2022	26




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Photos of Activities Year wise



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2017-2018

14 th june ,2017
International Yoga day



29th june ,2017
Swachh Bharat Abhiyan



1st July 2017
Tree plantation

GIRLS VOLUNTEERS: 13 BOYS VOLUNTEERS: 13
Location :karela pada vasai
More than 40 trees plantation



15TH August 2017
INDEPENDENCE DAY

- FLAG HOSTING AT DINDOSHI POLICE STATION
- GIRLS VOLUNTEERS: 23
- BOYS VOLUNTEERS: 28
- Location Dindoshi Police Station



25th August,2017

GANESH CHATURTHI

- GIRLS VOLUNTEERS: 16
- BOYS VOLUNTEERS: 22



22nd september ,2017
Quit Smoking



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24 September ,2017
 National service scheme day



25th september,2017 Road sefty Rally



20.OCTOBER
SWACHH BHARAT ABHIYAN

● HELD BY NIRMALA COLLEGE , MALAD (E)
GIRLS VOLUNTEERS: 23
BOYS VOLUNTEERS: 33
 Location : S Dafatary Road



20th December,2017
BLOOD DONATION

● Tata Blood Bank, parel
GIRLS VOLUNTEERS: 05
BOYS VOLUNTEERS: 26



26th january,2018
 Republic Day

Flag hosting AT DINDOSHI POLICE STATION
 Girls volunteers: 30
 Boys volunteers: 45



13 and 14 feb, NDRF Management workshop and mock Drill.
 2 volunteer attend



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16th FEBRUARY, 2018

Selfie with kachra

Total Volunteers:12



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2018-2019

1st July 2018
Tree plantation

GIRLS VOLUNTEERS: 15
BOYS VOLUNTEERS: 18
Location : karela pada vasai
More than 40 trees plantation



15TH August 2018
INDEPENDENCE DAY

- **FLAG HOSTING AT DINDOSHI POLICE STATION**
- **GIRLS VOLUNTEERS: 23**
- **BOYS VOLUNTEERS: 28**
- **Location Dindoshi Police Station**



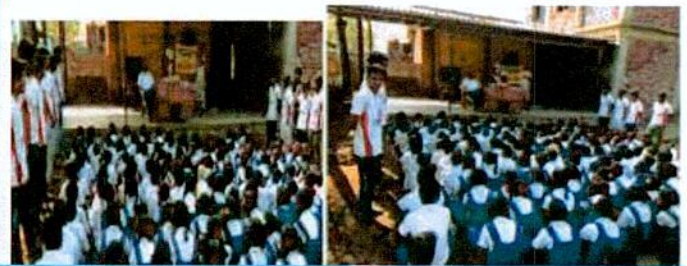
2ND OCTOBER
SWACHH BHARAT ABHIYAN

- **HELD BY NIRMALA COLLEGE , MALAD (E)**
- **GIRLS VOLUNTEERS: 23**
- **BOYS VOLUNTEERS: 33**
- **Location : 5 Dafatary Road**



13TH OCTOBER
BLIND FAITH

- **GIRLS VOLUNTEERS: 28**
- **BOYS VOLUNTEERS: 35**



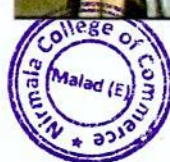
7TH JANUARY, 2019
HIV/ AIDS

GIRLS VOLUNTEERS: 25
BOYS VOLUNTEERS: 34



8TH JANUARY, 2019
MARATHAN

GIRLS VOLUNTEERS: 15
BOYS VOLUNTEERS: 25



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19TH JANUARY, 2019
WASTE MANAGEMENT

- **GIRLS VOLUNTEERS: 24**
- **BOYS VOLUNTEERS: 32**



21ST JANUARY, 2019
BLOOD DONATION

- **SARVODAYA HOSPITAL SAMARPA BLOOD BANK, Ghatkopar (E).**
- **GIRLS VOLUNTEERS: 14**
- **BOYS VOLUNTEERS: 27**



26th January, 2019
Republic Day

Flag hosting AT DINDOSHI POLICE STATION
 Girls volunteers: 30
 Boys volunteers: 45



15th FEBRUARY, 2019
VOTING AWARENESS RALLY



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2019-2020

**21 JUNE, 2019
YOGA DAY**

- Volunteers : 75
- Male : 45
- FEMALE: 30

**14TH AUGUST, 2019
RAKSHA BANDHAN**

- Volunteers : 58
- Male : 12
- FEMALE: 46





**15TH AUGUST, 2019
INDEPENDENCE DAY**

- NSS UNIT FLAG HOSTING AT DINDOSHI POLICE STATION
- VOLUNTEERS : 46
- Male Volunteers : 32
- Female Volunteers : 14




**23RD AUGUST, 2019
BOTTLE FOR CHANGE**

- Volunteers : 05
- Male : 2
- FEMALE: 3




**25TH August, 2019 Donation for
Kolhapur Flood**




**29, AUGUST, 2019
FIT ,INDIA**

- Volunteers : 45
- Male : 30
- FEMALE: 15





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10th Sep,2019

- MAKING PAPER BAGS AND DISTUBUTION
- Held at Nirmala College, Malad (E)
- Total No. of Volunteers : 50



12TH SEPTEMBER,2019 GANPATI VISARJAN

- Volunteers :20
- Male : 13
- FEMALE: 07



20TH Sep,2019 TREE PLANTATION

- Volunteers :20
- Male : 14
- FEMALE: 06
- Total Trees planted:20
- Place : College campus

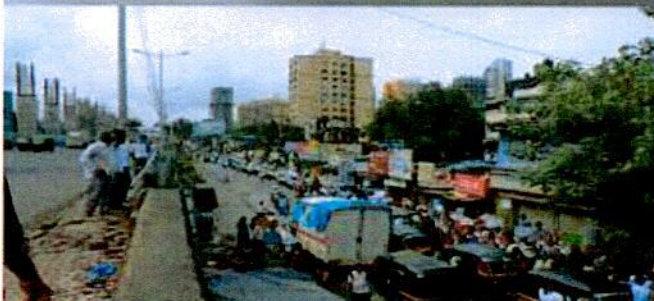


24TH SEPTEMBER,2019 N.S.S. DAY (SWACHHATA HI SEVA)



26TH September ROAD SAFETY RALLY

No. of volunteers :-100



29TH OCT,2019 SAY NO TO PLASTIC



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**17th DEC, 2019
 DRUGS ADDICTION RALLY**



**29th DEC, 2019
 Save Girl Child Rally**

◆ Volunteers : 87



Blood Donation (18th January, 2020):-

- ◆ J.J. Hospital Byculla
- ◆ 55Volunteers
- ◆ 39Bottels Blood Donat
- ◆ Male 18
- ◆ Female 21



23th JAN, 2020 SAVE TREE

◆ No. of Volunteers 45



**26th JANUARY, 2020
 REPUBLIC DAY**

- ◆ NSS UNIT FLAG HOSTING AT DINDOSHI POLICE STATION
- ◆ VOLUNTEERS : 65



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2021-2022

27th July 2021

Webinar on Blissful Moments Through Yoga"

GIRLS VOLUNTEERS: 23

BOYS VOLUNTEERS: 17

Location : Online



27th August 2021

Gender Sensitization

GIRLS VOLUNTEERS: 27

BOYS VOLUNTEERS: 15

Location : Online



1st September 2021

Webinar on Measures and Mediation for Combating COVID-19, under 18 years children

GIRLS VOLUNTEERS: 23

BOYS VOLUNTEERS: 19



30th September 2021

E-Poster Making Competition

- **GIRLS VOLUNTEERS: 16**
- **BOYS VOLUNTEERS: 23**
- **Location : Google Form**



29th September 2021

Quiz on Olympic Sports

- **GIRLS VOLUNTEERS: 29**
- **BOYS VOLUNTEERS: 18**
- **Mode : Google Form**



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1st October 2021

E-Quiz competition on "Contribution of Mahatma Gandhi."

- GIRLS VOLUNTEERS: 29
- BOYS VOLUNTEERS: 20
- MODE: Online

5th October 2021

Webinar on Insight on SEBI

- GIRLS VOLUNTEERS: 25
- BOYS VOLUNTEERS: 27
- Mode: Online



12th October 2021

Webinar on Entrepreneurship Development,

- GIRLS VOLUNTEERS: 32
- BOYS VOLUNTEERS: 17



13th October 2021

E- Quiz Competition on Women Empowerment Schemes In India.

- GIRLS VOLUNTEERS: 30
- BOYS VOLUNTEERS: 20

30th October 2021
Vaccination Drive

- GIRLS VOLUNTEERS: 8
- BOYS VOLUNTEERS: 6



21st December 2021
Mask Making

- GIRLS VOLUNTEERS: 21
- BOYS VOLUNTEERS: 14



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11th January 2022

Webinar on Scholarship and Financial Guidance to study abroad.

GIRLS VOLUNTEERS: 31

BOYS VOLUNTEERS: 20

Location : Online



25th January 2022

Rangoli Competition

● **GIRLS VOLUNTEERS: 11**

● **BOYS VOLUNTEERS: 10**



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2nd February 2022

Painting Competition:

- To thank COVID-19 warriors and spread awareness on the basic precautions that ought to be taken to keep the viral infection at bay, Painting Competition on theme "Salute to Frontline Warriors due COVID-19", was organised on 2nd February 2022, students were told to submit entries through Google Form.
- 10 N.S.S volunteers participated in the competition.



4th February 2022

Best Out of Waste Competition:

- With the aim to develop the ability to think and organize the thinking to create something useful, to indulge the students into an extracurricular activity with exclusive tool, Best Out Of Waste Competition was organized on 4th February 2022 through Google Form. 17 N.S.S. Volunteers participated in the competition.



8th February 2022

Webinar on "Effects of changing lifestyle on Women's Health"

- **GIRLS VOLUNTEERS: 34**
- **BOYS VOLUNTEERS: 19**



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11th February 2022

Webinar on Career Opportunities in Banking Sector.

- **GIRLS VOLUNTEERS: 17**
- **BOYS VOLUNTEERS: 15**



16th February 2022
"MASK DISTRIBUTION".

- **GIRLS VOLUNTEERS: 22**
- **BOYS VOLUNTEERS: 17**



17th February 2022

Webinar on "Consumerism, and How to manage money and be a Smart Investor".

- **GIRLS VOLUNTEERS: 31**
- **BOYS VOLUNTEERS: 18**



21st February 2022
Swachh Bharat Abhiyan

- **GIRLS VOLUNTEERS: 26**
- **BOYS VOLUNTEERS: 17**



25th February 2022
Tree Plantation

- **GIRLS VOLUNTEERS: 29**
- **BOYS VOLUNTEERS: 24**



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26th February 2022

Paper Bag Distribution

- **GIRLS VOLUNTEERS:** 14
- **BOYS VOLUNTEERS:** 16



28th February 2022

Logo Competition

- **GIRLS VOLUNTEERS:** 15
- **BOYS VOLUNTEERS:** 11



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