



University of Mumbai

**NIRMALA COLLEGE OF COMMERCE**

Municipal School Bldg., Rani Sati Marg, Malad (East), Mumbai - 400 097. • Tel.: 2844 1083

# Criteria 3.3.1



  
I/c Principal  
Dr. Umeshchandra Yadav



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### **3.3.1 (D)**

**Impact of extension activities  
in students during the year**



  
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### **3.4.1. Impact of extension activities in students during the year**

Extension activities are carried out in the neighbourhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the last five years. Our institution is dedicated to fostering societal and community development. To this end, we actively sensitize our students to community needs, encouraging their participation in various social service activities. We emphasize that the essence of social work lies in its commitment to driving positive change, addressing social challenges, and enhancing the overall well-being of individuals and communities. Social workers act as catalysts for transformation and advocates for a more just and compassionate society. Our mission includes a strong commitment to community service and social responsibility. Social work activities are integral to this mission, helping us achieve our broader educational objectives. These initiatives provide students with hands-on learning experiences beyond the classroom, allowing them to acquire practical skills, cultural competence, and a deeper understanding of social issues. Such experiences enrich their overall educational journey. Social work often involves researching community needs and designing effective interventions. Our institution leverages these opportunities for applied research, which leads to innovative solutions and contributes valuable insights to the academic community. We have undertaken numerous extension activities within our neighbouring community. For instance, the NSS (National Service Scheme) has organized various initiatives including addressing farmers' conditions, beach cleaning, joy of giving, women empowerment, tree plantation, animal care, and blood donation drives through diverse activities and workshops. Our institution not only aims to make students academically proficient but also to cultivate a sense of selfless service, empathy, and consideration for others. These programs prepare students to understand and tackle societal challenges, benefiting both the community and the students themselves by fostering responsible, compassionate, and socially conscious adults. Extension activities provide opportunities for holistic development by promoting skills beyond academic knowledge, such as communication, leadership, teamwork, problem-solving, and critical thinking. These activities allow students to apply theoretical knowledge in real-world contexts, making their learning experience more meaningful.

Many of these extension activities involve community engagement, helping students develop a sense of social responsibility and an understanding of community needs. Participation often leads students to discover new interests and passions, contributing to personal growth, self-discovery, and well-rounded development. Activities such as Yoga Day Celebrations, beach clean-ups, and Women's Day events focus on physical and mental well-being, promoting a balanced lifestyle essential for managing academic stress. Engagement in these activities also enhances students' resumes by showcasing their skills, experiences, and



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interests beyond academics. This is advantageous when seeking internships, jobs, or further educational opportunities. Cultural events, festivals, and clubs contribute to a diverse and inclusive college environment, enhancing students' cultural competence and global awareness. Extension activities often provide leadership opportunities, allowing students to develop and demonstrate their leadership skills, boost their confidence, and enhance their ability to manage and motivate others. Additionally, these activities can facilitate connections with alumni, offering insights, advice, and potential career opportunities, thereby strengthening the sense of community within the college. In conclusion, the extension activities provided by our institution help students diversify their skill sets across various domains, including sports, arts, and technology. This diversity makes them more adaptable and versatile. Overall, these activities contribute significantly to a well rounded college experience, fostering personal growth, skill development, and a strong sense of contribution to both the college community and society at large



  
I/c Principal  
Dr. Umeshchandra Yadav